

Medications to Avoid Prior to Allergy Testing

Antihistamines - First Generation (Stop 5 Days Prior)	
Generic Name	Brand Names
Azatadine	Optimine
Bromphenarimine	BroveX, Dimetane, Lodrane
Carbinoxamine Maleate	Histex Pd, Palgic and Peditatex
Chlorpheniramine	AHIST, Aller-Chlor, C.P.M, Chlo-Amine, Chlor-Allergy, Chlor-Mal, ChlorTrimeton, Chlorphen, Effidac-24, Histex, Ridraman
Clemastine	Allerhist-1, Contact 12hr Allergy, Tavist-1
Cyproheptadine	Periactin
Dexchlorpheniramine	Polaramine
Diphenhydramine	Actifed Sinus Day, Aler-Tab, Allergy, AllergySinus, Allermax, Aler- Dryl, Altaryl, Banophren, Benadryl, Calm-Aid, Children's Allergy, Compoz Nighttime, Diphedryl, Diphen-Allergy, Diphenhist, Dormin Sleep Aide, Dytan, Dytuss, Genahist, Hydramine, Ibuprofen PM, Nu- Med, Nytol, PediaCare Children's Allergy, Q-Dryl, Quenalin, Scot- Tussin Allergy, Siladryl, Silphen, Simply Allergy, Simply Sleep, Sleep- ettes, Sleep Formula, Sleepinal, Sominex, Tavist, Theraflu, Triaminic, Twilite, Tylenol PM, Unisom, Sleep Gels, Valu-Dryl
Dimenhydrinate	Dramamine
Hydroxyzine	Atarax, Rezine, Vistaril
Ketotifen	Zatiden
Meclizine HCl	Antivert, Bonine
Methdilazine	Tacaryl
Phenindamine	Nolahist
Promethazine	Chlorpromazine, Phenergan, Promethazine, Prorex 25 & 50, Thorazine
Pryilamine	Nisaval
Trimaparazine	Tremaril
Tripelennamine	PBZ & PBZ-SR
Tripolidine	Myidyl, Zymine
Atypical Antidepressants/Sedatives (Stop 5 Days Prior)	
Astemizole	Hismanal
Azelastine	Astelin, Astepro, Optivar Ophthalmic eye drops
Cetirizine	Zyrtec
Desloratidine	Clarinex
Fexofenadine	Allegra
Loratadine	Alavert, Claritin
Levocetirizine	dihydrochloride Xyzal
Metquitazine	Primalan, Quintadrill
Mizolastine	
Olopatadine	Patanase, Pataday and Patanol Ophthalmic eye drops

Medications to Avoid Prior to Allergy Testing

Tricyclic Antidepressants and Tranquilizers (Stop 14 Days Prior)	
Amitriptyline	Elavil, Endep, Etrafon, Limbitrol, Vanatrip
Amoxampine	Asendin
Clomipramine	Anaframil
Desipramine	Norpramin
Doxepin	Adapin, Sinequan, Zonalon
Imipramine	Tofranil
Nortriptyline	Aventyl HCL, Pamelor
Protriptyline	Vivactil
Trimipramine	Surmontil

Tricyclic Antidepressants and Tranquilizers (Stop 3 Days Prior)	
Clonazepam	Klonopin
Diazepam	Valium
Lorazepam	Ativan
Midazolam	Versed

Atypical Antidepressants/Sedatives (Stop 3 Days Prior)	
Bupropion	Wellbutrin
Eszopiclone	Lunesta
Mirtazapine	Remeron
Quetiapine	Seroquel
Trazodone	Olepto
Zolpidem	Ambien

Atypical Antidepressants/Sedatives (Stop 3 Days Prior)	
Ranitidine	Zantac

Supplements (Stop 2 Days Prior)	
Licorice	Green Tea
Saw Palmetto	St. John'
Feverfew	