

PRE-OPERATIVE INSTRUCTIONS FOR EXCIMER LASER SURGERY



For the safe treatment of the patient, the following pre-operative instructions must be followed:

Finances. Laser Vision Correction is not covered by insurance. Payment is required the day of surgery or before. Patients may use cash, a personal or cashier's check payable to **EyeSight Hawaii**, MasterCard, Visa, Discover, JCB or American Express. Financing is available upon approval and should be arranged prior to surgery.

Transportation. After surgery, patients cannot drive themselves home, so please have a responsible adult accompany you to and from the clinic the day of surgery. Private automobile or taxi is recommended. Public transportation is not acceptable. You should not be driving for at least 12-24 hours after treatment or until your vision improves to 20/40.

Meals. Patients may have a light breakfast and/or lunch prior to surgery. If you do not usually have breakfast or lunch, it is not necessary to force yourself to eat.

Clothing, Make-Up and Jewelry. Wear loose, casual and comfortable clothing. Because patients are lying down during surgery, we do not recommend wearing a skirt. **Do not wear jewelry, make-up (especially around the eyes), fragrances, after-shave, cologne or lotion.** The surgery room must always be kept at a cool temperature. For your comfort, we have blankets and you may also want to bring a sweater.

Cleaning Your Eyelids Before Surgery. You will be given eyelid scrubs. Please scrub the top and bottom eye lashes and eye lids the night before and morning of the surgery.

Contact Lenses. Remove your soft contacts at least three 3 days prior to your consultation and 2 weeks prior to surgery. Remove your hard or gas permeable contacts at least 3 weeks prior to your consultation. The longer you have worn hard lenses, the longer they will need to be kept out before surgery. If you are unsure when to have them out, please do not hesitate to ask any one of our staff members.

Medications. You will be offered a Valium tablet (5 mg) on the day of your surgery. Taking the Valium is optional. Dr. Olkowski will also use numbing drops directly on the eyes prior to the procedure.

Medical Condition. Please contact EyeSight Hawaii prior to the day of treatment if your medical condition changes (i.e., severe cold, fever, etc.). If you are on any medications, please consult with the physician who prescribed them to determine whether or not adjustments need to be made.

Out-of-Town Arrangements. If you are from out-of-town, please let us know where you are staying and leave any Oahu phone numbers where you may be reached. If you require hotel accommodations, please let us know so we can provide you the names of our local hotels. If you are not returning for the 1 day post operative visit the day after surgery, we will ask you to spend a few additional hours resting in our office and Dr. Olkowski will examine you before you leave.

Laser Center. Dr. John Olkowski will perform your procedure at **EyeSight Hawaii** located at 3660 Waiālae Avenue, Suite 304, Honolulu, HI 96816. Validated parking for the Laser Center is in the underground garage below the building and is accessible from Wilhelmina Rise. You will be at the Laser Center for approximately 2 hours.

**If you have any questions, please contact our office and we would be happy to assist you.
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www.eyesighthawaii.com**