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What's inside

- **CustomVue LASIK** - a procedure that has the potential to get vision better than you ever had with glasses or contacts
- **Crystalens** - a focusing implant lens that restores the eyes' ability to focus and let's you see far, near and everywhere in between
- **Verisyse** - an implant lens for those with very poor vision who may have been told they are not a candidate for LASIK (even for keratoconus)
- **Nike Maxsight** - sport-tinted contact lenses. The edge athletes have been looking for - **See Sport Better...**

"VISION FOR LIFE"



**Voted Best
Laser Eye Center**

*Dr. Olkowski and the staff
of Eyesight Hawaii*



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EYESIGHT HAWAII
VISION INSTITUTE

FALL 2005

VISION FOR LIFE

Eyesight Hawaii is in its 7th year of enhancing people's lives by helping them see the world a whole lot clearer. Mahalo for allowing us to care for your visual needs. We believe in "vision for life."

In this newsletter, you will read about some of the latest technology and procedures that I have introduced to Hawaii as well as several presentations I have made at national and international meetings.

I look forward to continuing to provide the very best in eye care for each and every one of my patients.

Mahalo,

John Olkowski, MD.

Having worn glasses for over forty years, it's hard to get over some of the habits -reaching to take them off just before turning off the lights at night and putting them on first thing in the morning. But I don't need to do those things anymore! The procedure is really life changing - all for the better.

It was the doctor's father who recommended the procedure to me, but it was really the staff at EyeSight Hawaii who convinced me. They are a superb team; at once friendly and always professional and caring. They provided me a sense of great comfort and confidence. The doctor is just great, none better in my opinion. If I had it to do over again, I would have done it sooner, but definitely at EyeSight Hawaii by Dr. Olkowski.

--Don Hess
 Capt. U.S. Navy (retired)
 President Chief Operating Officer
 USS Missouri Memorial Association, Inc.



It's a boy!

Kirk Keoni Olkowski was born on January 15, 2004 to Dr. Olkowski and his wife, Tina. He was a healthy 6 pounds 15 ounces and 19 inches long baby boy and he is growing quickly. Kirk is truly a joy and ,yes, he has his daddy's eyes.

Dr. Olkowski and his father are on the radio

Recently Dr. Olkowski and his father, Walter, appeared on the Dr. Health radio show hosted by David Snow. Walter Olkowski, 79, described how he still reads and drives without glasses four years after Dr. Olkowski performed his father's monovision LASIK. Thanks for your support Dad!



COMMUNITY Outreach

Lyn Baclaan, Director of Corporate and Community Relations at Eyesight Hawaii, was again the Medical Coordinator for the Hawaii Food Bank. Under Lyn's guidance, the medical coalition provided 16,547 pounds of food for Hawaii's hungry.

Eyesight Hawaii has also provided sponsorship to the following organizations:

- Big Brothers and Big Sisters
- Alana Dung Foundation
- Chinese Chamber of Commerce
- Kick Start Hawaii
- Hawaii Adults Friends for Youth
- March of Dimes
- American Heart Association
- Sex Abuse Treatment Center
- Alzheimer's Association

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NEW TECHNOLOGY

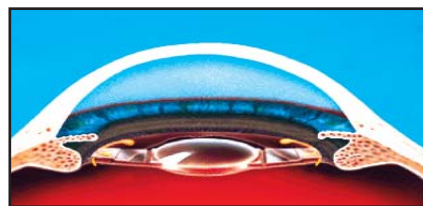
Dr. Olkowski
 receives High Tech Award

Dr. Olkowski has long been known for bringing the most advanced eyecare technology and equipment to Hawaii. In recognition of this, he recently received a High Tech Leaders award from the governor's office.

Cataract

Crystalens

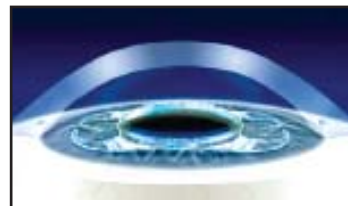
The Crystalens is a revolutionary state-of-the-art implant lens for patients with cataracts or in some cases, just to improve vision. It replaces the eye's natural lens and is designed to move, or accommodate, and thus allow the eye to focus on objects at near, far, and all distances in-between seamlessly. Unlike fixed focal lenses, which don't move, Crystalens has the ability to focus as your eye's natural lens did when you were younger. Dr. Olkowski is the first and only surgeon credentialed in Hawaii to offer this technology.



Vision Correction

Verisyse Phakic IOL (intraocular lens)

The Verisyse Phakic IOL is an implant lens for patients that have been told they are not a candidate for LASIK. This includes patients who have a very strong glasses correction or corneas that are too thin (including keratoconus). This FDA-approved lens is placed in the eye in front of your natural lens and it can remain there permanently. It has been used in Europe for over 10 years and over 150,000 have already been implanted.



CustomVue LASIK

The VISX WaveScan maps your entire visual system in an extremely advanced way that has never before been possible. This new level of measurement provides 25-times more precision than standard measurements for glasses and contact lenses. This means added safety and greater accuracy.

The WaveScan information is digitally transferred to the laser, providing a new level of precision. This CustomVue LASIK creates the potential for patients to see better than they could with glasses or contact lenses. (Not all laser centers use this most up-to-date technology).

Dr. Olkowski presented his CustomVue LASIK results at the 2004 meeting of the American Society of Cataract and Refractive Surgery in San Diego. He showed how the added accuracy of CustomVue LASIK helped improve vision.

Corneal Transplant

DLEK (Sutureless corneal transplant)

DLEK (Deep Lamellar Endothelial Keratoplasty) is the greatest innovation in corneal transplantation in the last 50 years. Dr. Olkowski has received specialized training and has begun performing this procedure at the Queen's Medical Center. He has performed more of these procedures than anyone in Hawaii and is one of only a few corneal specialists in the world who are able to perform DLEK.

DLEK involves replacing only the back layer of the cornea and leaving the front of the cornea 80-90% untouched.

Intacs for Keratoconus

Traditionally, keratoconus (an irregular, cone shaped cornea that affects 1/1000 people) has been treated with corneal transplantation or rigid contact lenses. Intacs are microthin plastic prescription inserts which are implanted into the cornea to reshape the cornea. Dr. Olkowski is performing Intacs to improve the vision of patients with keratoconus and thus decreasing their need to go on to corneal transplant. Dr. Olkowski was the first in Hawaii to perform Intacs for keratoconus patients and has performed more than any other surgeon in Hawaii.

NIKE MAXSIGHT SPORT-TINTED CONTACT LENSES

The edge athletes have been looking for- **SEE SPORT BETTER** for golf, tennis, soccer, baseball, softball, running, football...

"You're able to focus and see the spin and rotation of the ball better."
--Brian Roberts, Baltimore Orioles

"This is the most incredible new products, I've ever tried."
--Abby Wambach, U.S. Womens National Soccer Team

THEY EVEN COME IN ZERO POWER, FOR THOSE WHO DON'T WEAR GLASSES!

NEW STAFF

Mike Chrest joined the Eyesight Hawaii staff as a Certified Ophthalmic Assistant. He began his medical training as a Navy corpsman assigned to a Marine squadron in Kaneohe. Welcome aboard Mike.



MaryBeth Mills joined Eyesight Hawaii as the Clinical Administrator. She brings with her over 7 years of medical administration and service industry experience.



Dr. "The Doctor's Doctor"

Dear John,

This is going to be another one of those letters that undoubtedly fill a thick file in your office, but I must express my heartfelt gratitude for the gift you have given me of clear eyesight. I cannot tell you how happy I am at the simple act of looking at my world with clear, sharp vision, free from contact lenses and glasses. The joy I feel each morning upon opening my eyes and having objects immediately in focus makes me feel confident, whole - and grateful.

Not only am I profoundly appreciative for your skill as a surgeon, but for your gentleness, consideration, professionalism and generosity throughout the process necessary to restore my vision. I have sung your praises to colleagues and patients alike and can truly say you do our profession proud.

Again, I send you my deepest thanks and sincerest wishes for continuing health, happiness, and success.

Michael A. Klaper MD
Kula, Maui